



Information for chaperones

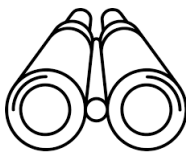
Welcome to OUTWARD BOUND – Schwangau. The OUTWARD BOUND- team wishes a pleasant stay, filled with adventure, experiences and memories that will last for a lifetime. Please feel free to contact us with any inquiries you might have **at any time** in order for us to ensure that your expectations and standards can be met and issues dealt with in a timely manner.

We would like to offer a few pieces of information which will help you orient yourself during the days with us. These aspects are part of the “OUTWARD BOUND – culture” and have been designed to contribute to a **harmonious life together** under one roof where everyone may experience compassion, respect and responsibility.



Breakfast 7:45 a.m.: A **punctual** start into the day with **everyone** together is important to us. Please assist us achieving this goal in close contact with the participants.

Daily meeting 8:30 a.m.: Every morning, the OUTWARD BOUND instructors and program managers are meeting in the meeting room (“Aquarium”) to talk about current developments in the groups and in the house, as well as the activities of the day. If you want to address any issues in a brief talk with the program managers **beforehand** you are welcome to stop by the office at **8:25 a.m.** At **9:00 a.m.**, you may seek out the instructor who is responsible for your group or any program manager to get information on the day’s activities.



During the course: Our courses equally aim at furthering group processes and personal development of the participants. The small group size helps us achieve these goals and it helps implementing the newly acquired patterns and habits into different social settings, such as in school or at their families. You are warmly welcome to accompany the group as a silent **observer**. This

enables you to not only see the participants in a different light, but also to discover their skills and strengths anew. Alternatively, you may also retreat and take care of personal matters.



Timely participant information: Please inform the participants early enough about the content and the goals of their OUTWARD BOUND trip. **Showing initiative, displaying openness, conquering challenges**, but also having **fun** are key characteristics of our courses.



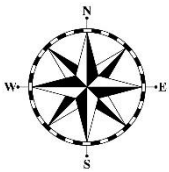
Your responsibilities: Before and after the daily course, you are once again fully responsibly for the participants, i.e. the supervisory duties fall back to you. We would like to kindly ask you to remind the participants of their responsibilities concerning the **house rules**, including the request to turn off lights, to close windows, **bed time** etc.

Your support with the mindful return of dishes and food scraps would also be highly appreciated. After 6 p.m., an **instructor on duty** will assist you where need be. He/she can also be contacted during the night in case of emergency.

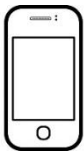
Important information concerning the arrival and the departure



Arrival: You may communicate with the bus driver that he/she can drive all the way up to the education center since there is a turning area right up front. Please keep the allocation of the rooms handy and make sure **that the students know their number** for moving. Simultaneously, the chaperones/teachers are meeting with the OUTWARD BOUND instructors and program managers. The official course starts around 1,5 after the arrival.



Day of departure: Furthermore, we would appreciate your help with ensuring the **cleanliness and organization of the participants' rooms and the seminar units**. More detailed information can be taken from posters in every seminar unit, but will also be provided by our instructors the night before the departure.



Cell phone: Before starting your OUTWARD BOUND trip, please share with the participants, and if need be with the parents, that the **usage of cell phones during the day is undesired**.



Medical forms: By filling in the medical forms the participants have the opportunity to share detailed information with us regarding their medical condition, their **dietary needs** (not dietary wishes) and other relevant pieces of information. Please make sure to return these documents **four weeks prior to your arrival**. Any later, we might not be able to meet special dietary needs. The medical questionnaires need to be sorted by activity / day groups. Please organize the groups prior to arrival. Our instructors are happy to announce the groups at the beginning of the course.

We are looking forward to welcoming you!

Best wishes,
your OUTWARD BOUND team